**Normal Vital Signs for Dogs and Cats**

**CATS**

TEMP: 100 ° F to 102.2 ° F rectally

HEART RATE: 140-220 beats/min

RESPIRATORY RATE: 20-42 breaths/min

(count breaths for 15 seconds and multiply number of breaths times 4)

Pink, moist gums are normal. Pale, tacky gums are not normal.

**DOGS**

TEMP: 100° F to 102.2° F rectally

HEART RATE: 60-160 beats/min (smaller breeds have a higher rate)

RESPIRATORY RATE: 16-32 breaths/min

(count breaths for 15 seconds and multiply number of breaths times 4)

Pink, moist gums are normal. Pale, tacky gums are not normal.